



**WINTER WAVES
CLASSIC**

COMPETITION INFO PACKAGE

**ONTARIO^{🇨🇦}
ARTISTIC
SWIMMING**



GENERAL INFORMATION

DATES	Friday, January 9 – Sunday, January 11, 2026
VENUE	Nepean Sportsplex 1701 Woodroffe Ave Nepean, ON K2G 1W2
REGISTRATION DEADLINE	Monday, December 15, 2025
HOST	GO Capital Artistic Swimming Club
MEET MANAGER	Chris Duc
OAS RESOURCE	Lauren Lindner
ELIGIBLE CATEGORIES	11-12, Youth, Junior, Senior, Adapted, Mixed Ability, Open
INCLUDED EVENTS	11-12: Duet, Mixed Duet, Team Youth: Solo, Male Solo, Duet, Mixed Duet, Team Junior: Solo Tech, Solo Free, Duet & Mixed Duet Tech, Duet & Mixed Duet Free, Team Tech, Team Free Senior: Solo Tech, Solo Free, Duet & Mixed Duet Tech, Duet & Mixed Duet Free, Team Tech, Team Free Adapted: Solo, Duet, Team Open: Combo, Acrobatic Routine Mixed Ability: Duet, Team

RULES

This competition will be conducted under Ontario Artistic Swimming rules.

BYES

This is an optional meet for all categories, with the exception of Ontario Winter Games Qualifying events. Byes will not be required for athletes not attending this event.

SCRATCHES

Scratches may be submitted digitally until the start of the competition. To submit a scratch, [click here](#).

Once the competition has begun, scratches must be made on deck at the scoring table.

AWARDS

There will be no awards for this event.

EVENT STREAMS

Youth, Junior and Senior events will be separated by National And Provincial streams.

COACH CARD SUBMISSION

SUBMISSION DEADLINE

Sunday, January 4th, 2026 at 11:00 PM EST

DROPBOX ACCESS

OAS will request coach card files from be submitted into an OAS-owned Dropbox folder.

Head coaches will receive access to the submission folder via email following registration.

RESUBMISSION GUIDELINES

Coach card submissions are considered final, aside from the following exceptions:

Medical Issue

Clubs who need to change a coach card because of a medical issue that prevents them from performing a routine as per submitted coach card will be allowed to change their coach card up to 2 hours before the start of a session (event blocks will be considered one session). These changes will need to be approved by the Referee.

Changes between Prelims and Final (N/A for this event)

Last Resort Desperation Move

Clubs who want to change coach cards for reasons other than the 2 above will be allowed to do so no later than 8:00 PM the night before an event, but will need to pay a \$100 fine to do so.

New coach cards will always need to be submitted by email to Laura Steacy and Lauren Lindner. Confirmation of submission will be provided by email reply.

LABELLING CONVENTIONS

Coach card files must be labelled with the following information, separated by underscores.

- 1. Category**
- 2. Event Name**
- 3. Club Call Letters**
- 4. Athlete Last Name**

For duets, use both last names. For teams, please use the first swimmer's last name, by alphabetical order.



REGISTRATION, FEES & PAYMENT

REGISTRATION DEADLINE	Monday, December 15, 2025								
ENTRY SUBMISSION FORMAT	<p>Competition registration for the 2025-2026 season has moved to the RAMP registration platform.</p> <p>For full instructions on how to register for events on the RAMP platform, click here.</p>								
ENTRY FEES	<table border="0"> <tr> <td>Solo</td> <td>\$75.00 per entry</td> </tr> <tr> <td>Duet/Trio</td> <td>\$100.00 per entry</td> </tr> <tr> <td>Team</td> <td>\$140.00 per entry</td> </tr> <tr> <td>Combo / Acrobatic Routine</td> <td>\$160.00 per entry</td> </tr> </table>	Solo	\$75.00 per entry	Duet/Trio	\$100.00 per entry	Team	\$140.00 per entry	Combo / Acrobatic Routine	\$160.00 per entry
Solo	\$75.00 per entry								
Duet/Trio	\$100.00 per entry								
Team	\$140.00 per entry								
Combo / Acrobatic Routine	\$160.00 per entry								
ATHLETE FEE	The athlete fee for this event is \$50.00 per athlete.								
PAYMENT OPTIONS	<p>Entry payments must be received by Ontario Artistic Swimming no later than 10 days following the registration deadline.</p> <p>Payment can be made through two methods:</p> <ol style="list-style-type: none"> 1. Credit card payments can be made directly through the RAMP registration platform 2. Electronic Fund Transfers can be sent to oaspayments@ontarioartisticswimming.ca 								

LATE ENTRIES

Club entry packages which are not received or incomplete upon the stated deadline is automatically subject to a late fine of \$25.00 per routine. This fine must be paid to the OAS office (for Ontario competitions) or to the Chief Referee/designate at the coaches meeting prior to the competition. Routines whose fines are not paid will be disqualified from the event.

For Ontario sanctioned competitions, late entries or corrections to incomplete entries will be accepted beyond two weeks prior to the event start date, but will be subject to the following fines:

2 weeks (14 days) prior to first event of the competition: \$50.00 per correction (to a maximum of \$500.00 per Club) Fines apply per figure event and/or per routine per event.

Within 24 hours of the first event of the competition: \$100.00 per correction (to a maximum of \$500.00 per Club) Fines apply per figure event and/or per routine per event.

MUSIC SUBMISSION

MUSIC SUBMISSION DEADLINE

Routine music files must be received no later than **Sunday, January 4th, 2026.**

DROPBOX ACCESS

To avoid issues of Dropbox storage space, OAS will request music files from each coach be submitted into an OAS-owned Dropbox folder.

Head coaches will receive access to the submission folder via email following registration.

LABELLING CONVENTIONS

Music files must be labelled with the following information, separated by underscores with NO blank spaces (underscores are acceptable).

- 1. Category**
- 2. Event Name**
- 3. Club Call Letters**
- 4. Athlete Last Name**

For duets, use both last names. For teams, please use the first swimmer's last name, by alphabetical order.

For example:

Junior_SoloTech_WRASC_Smith.mp3

10U_Duet_LRASC_Jones-Chen.mp3

Youth_Team_IGNT_Bryant.mp3



FILE FORMAT

Digital music will be used at this competition. There must be one digital file for each registered routine in an mp3 format, with a minimum required resolution of 192kbps.

Coaches are asked to review each digital file for quality, timing and completeness. Please ensure that volume is consistent throughout all cuts of music.

METADATA & ID3 TAGS

Metadata (also known as ID3 tags for MP3 files) is information (such as title, artist, album, genre etc.) that is stored inside the song file.

This is often different from the name of the file itself. In order to avoid confusion at the competition music table, we ask coaches to ensure that the title of the song file, and the ID3 tag title of the song file are the same.

For instructions on changing ID3 tags, [click here](#) for Windows and [click here](#) for iTunes.

COMMUNICATION & MEDIA

EMAIL POLICY

Entry and registration correspondence as required will be done through email using registrar contact information. Results will be emailed to head coaches following events.

COMMUNICATIONS

Meet packages and relevant information will be distributed by email through the OAS Communications account.

Competition information, schedules and results will also be made available on the OAS website and on the Sportity app.

SPORTITY

The Sportity App is used to store meet information packages, schedules, publish results and other pertinent information throughout the competition.

The password for this event is: WinterWaves2026

The Sportity app can be downloaded from the App Store or from Google Play.

EVENT PHOTOGRAPHY

OAS photographers will be on site capturing photo and video content during this event. Photos will be available for viewing and purchase following the event with details to follow.

During events, flash photography is prohibited.



STREAMING

Competition events will be streamed live on the [OAS Facebook page](#).

Please note that, occasionally, streams may be blocked by copyright detectors. Streaming will return as soon as possible in these instances.

ACCESSIBILITY

ACCOMMODATION REQUESTS

Accommodation requests may be submitted for Athletes, Coaches, Officials or Volunteers in need of additional support at any OAS sanctioned competition. To submit a request, [click here](#).

ACCESSIBILITY COORDINATOR

As per new OAS meet manager guidelines, host clubs are asked to identify an accessibility coordinator to assist as needed. The accessibility coordinator will be identified by each host club prior to the competition.

ONTARIO WINTER GAMES 2026

Meet & Qualification Information



ONTARIO^{🇨🇦}
ARTISTIC
SWIMMING

ABOUT THE GAMES

The Ontario Winter Games (OWG) is a bi-annual event which brings together thousands of young athletes across a wide variety of sport disciplines. In 2026, OWG is set to be hosted by the City of Orillia.

Artistic Swimming events will be held on the second weekend of the Games, from February 26 - March 1, 2026. These events will be held at the Orillia Recreation Centre in Orillia, Ontario.

OWG is open to all registered competitive athletes who are between 11 and 20 years of age as of December 31 of the year of the games (December 31, 2026).

Qualification is open to both Provincial and National Stream teams as mandated by Ministry guidelines.

Artistic Swimming event categories for the 2026 Ontario Winter Games are:

11-12 and Youth (13-15) athletes may qualify to compete in Team, Duet, Solo, Figures, Flexibility and Land Drill events. Age categories are calculated as per OAS rulebook averaging protocol.

Adapted athletes may qualify to compete in Duet, Solo, Figure and Flexibility events.

Qualification procedures have been outlined below.

GENERAL INFORMATION

EVENT DATES	Thursday, February 26 - Sunday, March 1, 2026
ENTRY DEADLINE	Friday, January 16, 2026
POOL VENUE	Orillia Recreation Centre 255 West St S. Orillia, ON L3V 5G9
HOTEL VENUE	Casino Rama 5899 Rama Rd Orillia, ON L3V
HOST	Ontario Artistic Swimming
OAS CONTACT	Lauren Lindner
EVENTS	<p>11-12: Figures, Duet, Team, Land Drill, Flexibility Youth: Figures, Solo, Duet, Team, Land Drill, Flexibility Adapted: Figures, Solo, Duet, Land Drill, Flexibility</p> <p>If the event schedule allows, OAS may add Mixed Ability events at its discretion. These events will only be open to athletes that have already qualified for OWG through the qualification processes described below.</p> <p>If added, these events will be awarded with OAS awards only.</p>

RULES

Ontario Winter Games rules will be in accordance with OAS-sanctioned events and will use the CAS rulebook and OAS rulebook addendum. Additional OWG-specific rules are listed below.

TEAM/ATHLETE PARTICIPATION

TEAM EVENTS

Teams are permitted to consist of a maximum of 10 athletes as per OAS rules.

FIGURE EVENTS

All athletes will compete in a Figure event as per provincial rules. A figure draw will be held and announced two weeks prior to the Games.

In accordance with 2025 Technical Memo #1, Youth Figures will only be drawn from Group A and Group B.

Adapted athletes will compete figures within their category and level as per provincial rules.

DUET EVENTS

Each team that qualifies for and attends OWG may enter two duets who swim in their proper age group from their team roster. Duet athletes can swim in one duet event only.

Duets may be comprised from a combination of two different teams from the same club who have both qualified for the games. No alternates or trios will be permitted.

SOLO EVENTS

Each Youth team that qualifies for and attends OWG may enter two solos from their team roster. Teams who qualify are allowed to provide Youth solos only.

ADAPTED EVENTS

Up to 16 Adapted athletes (across both Cognitive and Physical categories) may qualify for OWG either through the Duet event (primary qualification) or Solo event (secondary qualification).

FLEXIBILITY EVENT

Flexibility is a standalone event. All athletes will participate in this event.

LAND DRILL EVENT

The land drill event is a standalone event. Land drill events will be: 11-12 Team, Youth Team, and Adapted Duet/Solo.

COACH PARTICIPATION

11-12 & YOUTH TEAMS

Each qualified 11-12 or Youth (13-15) Team is permitted to send up to two coaches.

One coach must be designated as the Lead Coach and must be minimum Competition Introduction Certified. The second coach must be an Assistant Coach and must be minimum Competition Introduction Trained as per Coach Eligibility Rule ON 3.1.9.1.

ADAPTED ROUTINES

Each qualified Adapted routine is permitted to send one coach (minimum Competition Introduction Trained as per Coach Eligibility Rule ON 3.1.9.1.).

AWARDS

11-12 & YOUTH ROUTINE EVENTS

OWG medals will be awarded to the top three championship scores in 11-12 and Youth Solo, Duet and Team events.

ADAPTED ROUTINE EVENTS

OWG medals will be awarded to the top three championship scores in the Cognitive and Physical categories in Adapted Solo and Duet events. Awards will not be divided into individual category levels.

FIGURE EVENTS

OAS ribbons will be awarded to the six highest figure scores in each category.

Adapted figures will be awarded by category and level as per provincial rules.

FLEXIBILITY EVENTS

Digital certificates will be awarded to each athlete who achieves either Gold, Silver or Bronze standard in the flexibility event.

LAND DRILL EVENTS

OAS ribbons will be awarded to the top three routine scores in each land drill event category.

QUALIFYING PROCEDURE: 11-12 & YOUTH

ELIGIBILITY

Team routines wishing to qualify must compete at the designated 2026 Ontario Winter Games Qualifier. For 2026, regional Lisa Alexander Figure & Skills Meets and the Winter Waves Classic will serve as the qualifying events for OWG.

DECLARATION OF INTEREST

Teams must declare intent to participate in the OWG Qualifier at the time of meet registration for the Winter Waves Classic

By identifying their intent in entering the Qualifying event, teams are committing to attend the games should they qualify. Teams who decline their spot following the OWG Qualifier or fail to attend the Games will be assigned a \$500.00 fine by OAS.

QUALIFYING EVENTS

Figures, Team

DRAWS

Draws for qualifying events will be separated by routines entered in the qualifying event and routines not entered. Routines not entered will be drawn randomly, and will swim before the OWG Qualifying event.

In the case of Youth Team, Provincial and National Stream athletes will continue to be drawn separately. The order of swim will be: (1) National Youth Team (non-OWG), (2) Provincial Youth Team (non-OWG), and (3) Youth Team OWG Qualifier.

DRAWS (CONT.)

Routines entered in the qualifier event will be drawn in the last section of the event, and grouped by regions in the following order: Central, East, North, West.

Routines within each region will be drawn randomly.

QUALIFICATION CRITERIA: 11-12 & YOUTH TEAM

The championship scores obtained at the Lisa Alexander Figure & Skills Meet & Winter Waves Classic will be the mark used to qualify for Ontario Winter Games. In this context, "Championship score" will consist of:

1. Figures score from regional Lisa Alexander Figure & Skills Meet
2. Routine Score from the Winter Waves Classic

The top two teams in each age group from the East, Central and West regions will qualify to attend the Games. The top team in each age group from the North will qualify to attend the games.

WILDCARD PROTOCOL: 11-12 & YOUTH TEAM

Dependent on availability of athlete spots, or should a region be unable to field a team, Wild Card spots may be awarded. To ensure fairness of assessment, Wild Card spots will be awarded to the next highest **Routine Score** received at the Winter Waves Classic.

QUALIFYING PROCEDURE: ADAPTED ATHLETES

ELIGIBILITY

Duet routines wishing to qualify must compete at the designated 2026 Ontario Winter Games Qualifier. For 2026, regional Lisa Alexander Figure & Skills Meets and the Winter Waves Classic will serve as the qualifying events for OWG.

In order to align as closely as possible with the ages of their mainstream peers at OWG, the participation of Adapted athletes aged 11-15 will be prioritized by the OWG Selection Criteria.

DECLARATION OF INTEREST

Duets must declare intent to participate in the OWG Qualifier at the time of meet registration for the Winter Waves Classic.

By identifying their intent in entering the Qualifying event, duets are committing to attend the Games should they qualify. Duets who decline their spot following the OWG Qualifier or fail to attend the Games will be assigned a \$500.00 fine by OAS.

QUALIFYING EVENTS

Figures, Duet

QUALIFICATION CRITERIA: ADAPTED DUET

The championship scores obtained at the Lisa Alexander Figure & Skills Meet & Winter Waves Classic will be the mark used to qualify for Ontario Winter Games.

In this context, "Championship score" will consist of:

1. Figures score from regional Lisa Alexander Figure & Skills Meet
2. Routine Score from the Winter Waves Classic

QUALIFICATION PROCEDURE: STEP 1

If there are only 8 duets or less interested in attending, all athletes attend. Athletes must still register for and participate in the OWG Qualifier event. If there are more than 8 duets interested in attending, move to Step 2.

QUALIFICATION PROCEDURE: STEP 2

OAS will determine how many duets registered in the OWG Qualifier have an average age between 11-15 years.

- If there are exactly 8 duets between the ages of 11-15 interested in attending, those athletes attend.
- If there are less than 8 duets between the ages of 11-15 interested in attending, move to step 3A.
- If there are more than 8 duets between the ages of 11-15 interested in attending, move to step 3B.

**QUALIFICATION
PROCEDURE:
STEP 3A**

All duets between the ages of 11-15 will qualify to OWG. In addition, Wild Card spots will be awarded to duets outside the target age which have the highest Routine Score when all levels are combined.

**QUALIFICATION
PROCEDURE:
STEP 3B**

The results of all Adapted Duet and Adapted Figures events will be combined to determine routines with the highest championship scores. The 8 duets with the highest championship scores will qualify for OWG.

**QUALIFICATION
PROCEDURE:
NOTE ON SOLOS**

Should there be less than 8 total duets interested in attending Ontario Winter Games, consideration will be given to solos wishing to attend.

Further qualification information will be provided following registration should this event occur.

ACCESSIBILITY

ACCOMODATION REQUESTS

Accommodation requests may be submitted for Athletes, Coaches, Officials or Volunteers in need of additional support at any OAS sanctioned competition. To submit a request, [click here](#).

ACCESSIBILITY COORDINATOR

In the absence of a host club, accessibility coordination questions can be submitted to the OAWDC by emailing Laura Steacy at ldmsteacy@ontarioartisticswimming.ca.

ATHLETE SUPPORT

Each qualified Adapted athlete is permitted to send one support person with them to the Games.